

# FOODS & NUTRITION RECIPE CARD



Exhibitor's Name \_\_\_\_\_

4-H Club \_\_\_\_\_ I am a:  Junior  Interm.  Senior

Name of Recipe \_\_\_\_\_

Category \_\_\_\_\_

(i.e. bread, casserole, etc.)

Ingredients:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



Instructions: (you may use the back of this page if necessary)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Put a picture of the finished product here

